

# Mother's Day Weekend **ARTS RETREAT** at Appel Farm



VISUAL ARTS

MOVEMENT

WRITING

MUSIC

CAMPFIRE

& more!

Register today at  
**AppelFarm.org**

# OUR MISSION + VALUES

**Appel Farm strives to co-create experiences that inspire people to unleash their inherent creativity, leading to self-discovery, personal growth, community building, and joy.**

At Appel Farm, we believe artmaking is a healing practice, a community practice, and a way of recognizing people for who they are.

Because of these defining values, we have always been a leader and at the forefront of social justice advocacy. During the Civil Rights Movement, our founder Albert Appel was a vocal supporter of the racial integration of all ACA Member Camps, when that was not a popular opinion to have. In the last five years, as more and more camps recognize the need for infrastructure that includes transgender and gender-non-conforming campers, Appel Farm has pushed ourselves and our peer organizations to pilot gender inclusive bunks, gender neutral bathrooms, and the reexamining of if/why we even collect information like sex or gender. This precedent is integral to who we are as an organization.



We at Appel Farm are most proud that we are upfront about who we are and who we are for, ensuring that we are reaching those who most need this space.



**CREATE AND BUILD  
COMMUNITY WITH US**

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## PRICING & BUNKING OPTIONS

### OVERNIGHT EXPERIENCE

#### **In-Bunk - \$135/person**

Cost per person includes all meals, art supplies, activities, and in-bunk overnight accommodation (gender inclusive in a shared space with other families). Shared bunks feature twin bunk beds and a shared bathroom with 6-8 people.

#### **Private Room for 2 - \$325/pair**

Cost per pair includes all meals, art supplies, activities, and accommodations. Private room has two twin beds. Building includes two shared bathrooms. Please note: Private rooms can accommodate only two guests.

#### **Private Bunk Package - \$750/up to 8 people**

Want to bunk with friends or have a big family? **SAVE** with this package that guarantees a private bunk for up to 8, or extra space for a few, and includes all meals, art supplies, and activities. Private bunks feature twin bunk beds and a private bathroom.

### DAY PASSES

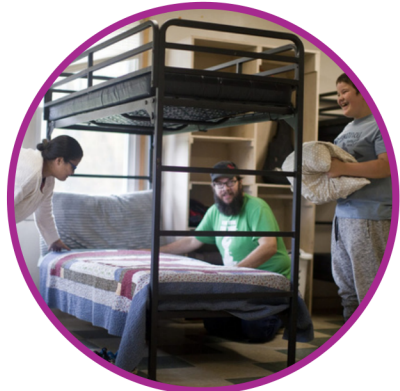
include lunch and snack

#### **Adult Day Pass - \$65**

Day pass for an adult to participate in all art activities.

#### **Kid Day Pass - \$45**

Day pass for a child to participate in all art activities.





# SAMPLE SCHEDULE



- 9:00 - 10:00 | Guest Arrival**  
Get settled in your home away from home
- 10:30-12:00 | Workshop 1**  
Dive into your choice of arts exploration
- 12:00 | Lunch**  
Recharge with a meal break in the dining hall
- 1:00 - 4:00 | Workshop 2 & 3**  
Back to back fun with your loved ones  
[End of Day for Day Pass Holders]
- 4:15 - 5:00 | Free Choice/Snack**  
Flexible time for you!
- 5:00 - 6:30 | Workshop 4**  
One more chance to choose your favorite activity
- 6:30 - 7:15 | Dinner**  
Gather around the table to share a meal with family and friends
- 7:30 | Campfire & S'mores**  
Get cozy by the fire and enjoy a delicious treat
- 9:00 - 10:00 | Late Night Funtime!**  
Keep the party going with late-night shenanigans
- 11:00 | Lights Out**  
Sweet dreams until early morning activity or brunch in the morning



# WHAT TO WEAR

**Classes will be mostly indoors, but our campus is big and there is a lot to explore!**



- **Wear comfortable shoes for walking.**
- **Wear clothing that you don't mind getting messy.**
- **If the weather looks cold, we recommend dressing in layers.**
- **If the weather looks rainy, bring raincoats, boots, and umbrellas!**
- **Bring a water bottle to stay hydrated.**
- **Meals and evening snack is provided, but feel free to pack your own snacks, if you'd like!**



# WHAT TO BRING

If you're staying the night, here are some things you'll want to make sure you pack!

- **A pillow**
- **Sheets & Blankets for a standard twin bed**
- **Extra blankets, if you get cold**
- **Towel**
- **1-2 changes of clothes for the weekend — prepare to get messy!**
- **Toiletries (shampoo, soap, toothbrush & toothpaste, etc.)**
- **Pajamas**



## OPTIONAL ITEMS..

- **Flashlight**
- **Sweatshirt/light jacket**
- **Comfort item for bedtime**
- **A book, cards, game, etc. for free time**
- **Musical instruments to play campfire songs**
- **Camping chair, blanket, or towel for campfire**



# EXAMPLE WORKSHOPS

## from previous retreats

Each workshop block will offer 4-5 choices inclusive of music, dance, creative writing, media arts, and visual art activities led by our talented Appel Farm teaching artists! All workshops are suitable for all ages and ability levels.

### IMPROV & THEATER GAMES

Get ready for exciting games and exercises to help develop your quick thinking, creativity, and communication. Working collaboratively with others, gain confidence in your ability to think on your feet while having lots of fun!



### FABRIC FRIENDS

Create a cuddly companions using felt and basic sewing techniques to design and construct your own unique stuffed animal.



### MAD LIB THEATER

Let's get silly as we combine the joy of improv with the hilarity of Mad Libs. Practice the basics of improvisational acting and storytelling, while flexing your vocabulary muscles and having lots of laughs.



### TOGETHER TIME

Go beyond the story book in this hands-on, arts exploration workshop! Make art and music together, inspired by fun literary friends.



# EXAMPLE WORKSHOPS

## from previous retreats



### LET'S DANCE!

Experience movement in a variety of different styles. You'll have amazing fun creating dances and even learning some Tik Tok inspired paired dances.

### CYANOTYPE PRINTS

Explore the photographic process of cyanotype printing and create beautiful, one-of-a-kind works of art! Experiment with different materials and techniques to create unique cyanotype prints.



### FOUND SOUNDS & THE MUSIC OF CHANCE

Play with different kinds of sound-making as we embark on a journey across Appel Farm. We'll learn about soundscaping, discover new uses for everyday objects, and use our own bodies to make music.



### CHOREOGRAPHED LIP SYNC

Get ready to serve on stage! We'll be creating a choreographed lip synced performance for you to show up and show out anywhere and everywhere.



Other previous workshops have been... Create Your Own Trading Cards, Found Poetry, Collaborative Song Writing, Ceramic Fairy Houses, Loose Parts Art, Puppet Theater, and MORE!

# SOME FINAL QUESTIONS ANSWERED

## **Can I bring in outside food?**

Generally, we do not permit outside food in our bunks because it attracts bugs and other critters. We serve three full meals and two snacks out of our dining hall, so we encourage families to enjoy the food provided.

We understand that many families live with food allergies and sensitivities, and we strive to make eating away from home as safe as possible. We are not a peanut-free camp, but can accommodate campers with mild nut, dairy, and gluten allergies. Appel Farm is typically able to accommodate vegetarian, vegan, gluten-free, lactose/dairy-free, pork-free, and peanut-free diets. Please be sure to let us know if you are diabetic, or have an allergy or medical contraindication to certain foods or drinks not otherwise addressed here. When very complex dietary needs require additional support, we will work with families individually.

## **What if I need to refrigerate or store medication?**

Our Health Center has a locked refrigerator where medication may be safely stored. Our staff is on call 24-7 and will happily work with you to accommodate your family's needs.

## **Am I permitted to bring alcohol?**

People over the age of 21 are welcome to bring adult beverages with them to Family Camp. Please be aware that there is no refrigeration available in the bunks. All adult beverages must be kept out of the reach of minors, and must be disposed of in one of the camp trash or recycling bins within 24 hours of consumption to keep our sleeping premises free from pests. Adults consuming alcohol are expected to maintain a level of behavior appropriate for Family Camp. Inappropriate or dangerous behavior resulting from the consumption of alcohol will be cause for immediate removal from the premises without refund. Distribution of alcohol to minors is strictly prohibited.

## **What activities are restricted?**

Appel Farm is a smoke free campus. Non-prescription drugs are strictly prohibited. Violation of these policies is grounds for immediate removal from the premises without refund.

**More questions? Contact us at [info@appelfarm.org](mailto:info@appelfarm.org)!**

# ABOUT APPEL FARM

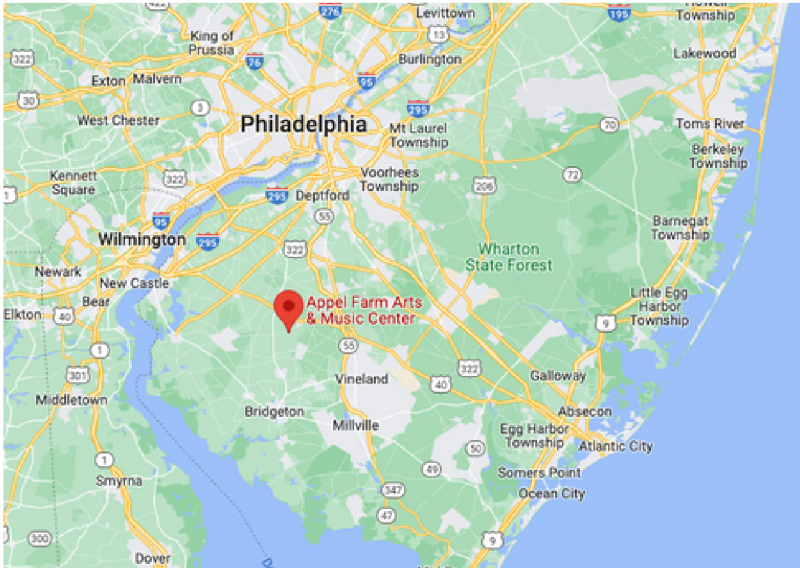
In 1960, guided by a sense of curiosity and grounded in humor and hard work, Albert and Clare Appel transitioned their 176-acre farm and its 20,000 chickens into a thriving summer community focused on the raw talent and emergent curiosity of humans aged 7 to 17: Appel Farm Arts Camp was born.

The Appels, both professional musicians and music educators, believed that the arts play a crucial role in developing a child's learning skills, encouraging personal growth, and instilling a sense of community and responsibility. They believed that all children have artistic talent, thus the camp was intended to promote a supportive environment in which the individual child can learn, experience and grow in a wide variety of artistic media.

Appel Farm Arts & Music Center was incorporated in 1978 as a non-profit, charitable and educational organization with tax-exempt status, professional staff, and volunteer Board of Directors.

Over the past 60 years, Appel Farm has delivered transformative arts and learning experiences as the arts education leader in South Jersey, raising the bar of arts education for our children and our families. Now in its seventh decade, Appel Farm has evolved into a multidisciplinary regional arts center serving audiences, artists, and students through programs on our campus, in local schools, and in the community. Our programs build on the Appel's founding principles, providing opportunities for arts education, arts appreciation, and creative expression to more than 32,000 children and adults annually.

# LOCATION, LOCATION, LOCATION!



**Appel Farm Arts and Music Center is situated on 115 acres in picturesque, rural South Jersey. Easily accessible from major highways, Appel Farm is 35 minutes from Philadelphia, 30 minutes from Wilmington, and 2 1/2 hours from the NYC and Washington, DC metropolitan areas.**



**See you soon!**

**AppelFarm.org • info@appelfarm.org • 856-358-2472**