

**Build Community • Explore Creativity**

# OASIS

*Open and Safe Inclusive Space*

**Weekend Arts Retreat**  
*at Appel Farm*

**August 9-11, 2024**

**Register today at [AppelFarm.org](https://AppelFarm.org)**

# OUR MISSION + VALUES

**Appel Farm strives to co-create experiences that inspire people to unleash their inherent creativity, leading to self-discovery, personal growth, community building, and joy.**

At Appel Farm, we believe artmaking is a healing practice, a community practice, and a way of recognizing people for who they are.



Because of these defining values, we have always been a leader and at the forefront of social justice advocacy. During the Civil Rights Movement, our founder Albert Appel was a vocal supporter of the racial integration of all ACA Member Camps, when that was not a popular opinion to have. In the last five years, as more and more camps recognize the need for infrastructure that includes transgender and gender-non-conforming campers, Appel Farm has pushed ourselves and our peer organizations to pilot gender inclusive bunks, gender neutral bathrooms, and the reexamining of if/why we even collect information like sex or gender. This precedent is integral to who we are as an organization.

We at Appel Farm are most proud that we are upfront about who we are and who we are for, ensuring that we are reaching those who most need this space.

**CREATE AND BUILD COMMUNITY WITH US!**



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# OUR STAFF

Our experienced, mature counselors, all over the age of 19, are carefully chosen to be positive role models who will empower your child to gain self-confidence, awareness, and independence. We camp a great staff to camper ratio, so campers are always sure to receive meaningful support and instruction. Our extensive staff screening process includes personal interviews, reference checks, and a background check to ensure the safety of your camper.

## PROGRAMS AND CAMP STAFF



**KRISTINA HILL**  
(she/her)  
DIRECTOR OF CURRICULUM



**ELLA QUIMBY**  
(she/her)  
Camp Director



**BETHANN GRASSO**  
(she/her)  
Programs Administrator



**TANNER RUSHING**  
(he/him)  
Assistant Camp Director



**SAM MILLER**  
(they/them)  
Programs Coordinator

# OVERNIGHT BUNKING



All of our bunks house 8-14 campers with at least 2 adult counselors. Typically, our bunks are organized by age and grade level, and campers are able to request bunkmates who are in their same age group.

Our comfortable, modern bunks are all equipped with electricity, hot water, air conditioning and private bathrooms. We offer Gender Inclusive housing options for all age groups. Campers can choose one of three housing options in their bunk area. Two Spirit, non-binary, agender, intersex, and otherwise gender-expansive or gender-creative campers are welcome in any bunk they would feel most comfortable in.

Please note: when Appel Farm says "male" or "female", we use those terms inclusive of transgender campers.

**Female Centered** - This bunking option is best suited to campers who have been raised or socialized as girls or women, who feel most comfortable in female spaces, or whose identity aligns with femaleness. Inclusive of intersex, two-spirit, agender, trans, and nonbinary campers.

**Gender Inclusive** - This bunking option is best suited for campers who want to live in a mixed-gender space, or with siblings or friends whose identities differ from their own.

**Male Centered** - This bunking option is best suited to campers who have been raised or socialized as men or boys, who feel most comfortable in male spaces, or whose identity aligns with maleness. Inclusive of intersex, two-spirit, agender, trans, and nonbinary campers.

# A LOOK AT THE SCHEDULE

## August 9th

- 10am Check-In
- Camp Orientation & Tour
- Lunch
- Art Workshops
- Swimming
- Dinner
- Acoustic Campfire



## August 10th

- Early Bird Yoga
- Breakfast
- Art Workshops
- Lunch
- Art Workshops
- Swimming
- Dinner
- Dance Party & Campfire



## August 11th

- Early Bird Art
- Breakfast
- Art Workshops
- Lunch
- Even more art workshops!
- 4pm Check Out

# WHAT TO WEAR

**Activities will be mostly indoors, but our campus is big and there is a lot to explore!**



- **Wear comfortable shoes for walking.**
- **Wear clothing that you don't mind getting messy.**
- **If the weather looks cold, we recommend dressing in layers.**
- **If the weather looks rainy, bring raincoats, boots, and umbrellas!**
- **Bring a water bottle to stay hydrated.**
- **Meals and evening snack is provided, but feel free to pack your own snacks, if you'd like!**



# WHAT TO BRING

- **swimwear**
- **pillow**
- **sheets & blankets**  
for a standard twin bed
- **extra blanket**
- **towel(s)**  
for swimming and showering
- **1-2 changes of clothes for the weekend**  
prepare to get messy!
- **toiletries**  
shampoo, soap, toothbrush & toothpaste, etc.
- **pajamas**
- **water bottle**

## OPTIONAL ITEMS..

- **flashlight**
- **sweatshirt/light jacket**
- **comfort item for bedtime**
- **a book, cards, game, etc. for free time**
- **musical instruments to play campfire songs**
- **camping chair, blanket, or towel for campfire**



# SAMPLE WORKSHOPS

Each workshop block will offer choices inclusive of music, dance, creative writing, media arts, and visual art activities led by our talented Appel Farm teaching artists! All workshops are suitable for all ages and ability levels.

## CYANOTYPE PRINTING

Explore the process of photography through experimental prints.



## FIBER ARTS

Craft some cozy creations with yarn and fabric.



## CLAY SCULPTURES

Play with clay to make unique creatures!

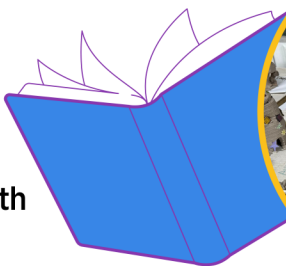


## THEATER IMPROV GAMES

Practice thinking on your feet and character creation in improv.

## SPORTS & SWIM

Enjoy our tennis courts, gaga pits, and swimming pool!



## ACOUSTIC CAMPFIRE

Make and share music with new friends by the campfire with s'mores.



Other previous workshops have been... Create Your Own Trading Cards, Found Poetry, Collaborative Song Writing, Ceramic Fairy Houses, Loose Parts Art, Puppet Theater, and MORE!



# FREQUENTLY ASKED QUESTIONS

## **Can my camper bring their device?**

Appel Farm remains committed to promoting self-reliance and new social connections by encouraging campers to “unplug” while at camp. Appel Farm encourages campers to refrain from using devices with a cellular or data connection.

## **What happens if my child feels homesick?**

Homesickness is common in campers of all ages, and the Appel Farm community works hard throughout each session to help campers adjust to being away from home and learn coping skills. Appel Farm staff members are trained experts for campers struggling with homesickness and will be sure to use proven strategies to nurture and empower campers to be successful away from home.

## **In case of emergency, how do I get in touch with my camper?**

We understand the importance of being able to contact your child in the event of an emergency. The Camp Directors live on-site and are available to help your camper at all times. Reach us during the day at 856-358-2472, or email [camp@appelfarm.org](mailto:camp@appelfarm.org). If there is an emergency that cannot wait until morning, please call and you will reach the Health Center. Our nurses are available 24 hours a day and can best relay an urgent message to the Camp Directors after hours.

More questions? Contact us at [camp@appelfarm.org](mailto:camp@appelfarm.org)!

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# AND MORE ANSWERS!

## **What is the food like at Appel Farm?**

A goal at Appel Farm is to make campers and staff more aware of the food we eat, the value of nutrition, and of larger concerns for the environment. Meals are a wonderful time when campers and staff enjoy breakfast, lunch, and dinner as well as afternoon and evening snacks as a community. We always serve vegetarian, vegan, and gluten-free options, and are able to accommodate most special diets.

## **What happens if my child needs to take medication?**

Medication is not a problem at Appel Farm. Our Health Center has a locked refrigerator where medication may be safely stored. All medicine and healthcare are dispensed from the Health Center, which is staffed 24/7. Campers visit the Health Center after meals or before bedtime to take their medications. Our staff will happily work with you to accommodate your child's needs.

## **Is there a dress code at Appel Farm?**

While Appel Farm Arts Camp does not have a specific dress code, camper and staff clothing should cover the same parts of a body that underwear covers, feel emotionally safe to the wearer, and adhere to any physical safety requirements for activity participation. Clothing should not feature any illegal or inappropriate images or words. Campers must always wear shoes while outside on camp property and while in the Dining Hall.



More questions? Contact us at [camp@appelfarm.org](mailto:camp@appelfarm.org)!

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# ABOUT APPEL FARM

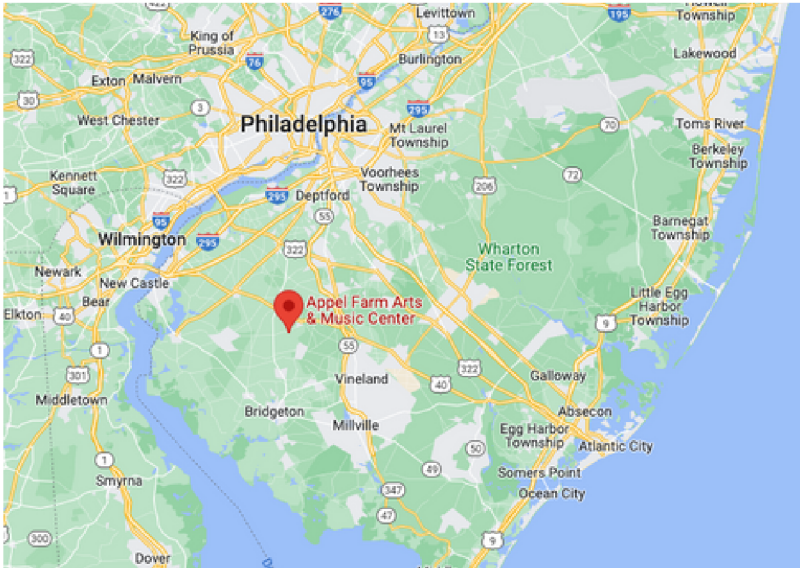
In 1960, guided by a sense of curiosity and grounded in humor and hard work, Albert and Clare Appel transitioned their 176-acre farm and its 20,000 chickens into a thriving summer community focused on the raw talent and emergent curiosity of humans aged 7 to 17: Appel Farm Arts Camp was born.

The Appels, both professional musicians and music educators, believed that the arts play a crucial role in developing a child's learning skills, encouraging personal growth, and instilling a sense of community and responsibility. They believed that all children have artistic talent, thus the camp was intended to promote a supportive environment in which the individual child can learn, experience and grow in a wide variety of artistic media.

Appel Farm Arts & Music Center was incorporated in 1978 as a non-profit, charitable and educational organization with tax-exempt status, professional staff, and volunteer Board of Directors.

Over the past 60 years, Appel Farm has delivered transformative arts and learning experiences as the arts education leader in South Jersey, raising the bar of arts education for our children and our families. Now in its seventh decade, Appel Farm has evolved into a multidisciplinary regional arts center serving audiences, artists, and students through programs on our campus, in local schools, and in the community. Our programs build on the Appel's founding principles, providing opportunities for arts education, arts appreciation, and creative expression to more than 32,000 children and adults annually.

# LOCATION, LOCATION, LOCATION!



**Appel Farm Arts and Music Center is situated on 115 acres in picturesque, rural South Jersey. Easily accessible from major highways, Appel Farm is 35 minutes from Philadelphia, 30 minutes from Wilmington, and 2 1/2 hours from the NYC and Washington, DC metropolitan areas.**



# SEE YOU SOON!

**AppelFarm.org • info@appelfarm.org • 856-358-2472**