

Appel Farm Arts & Music Center's

Healthy Hearts FESTIVAL

Celebrating wellness of mind, body, and community through the arts

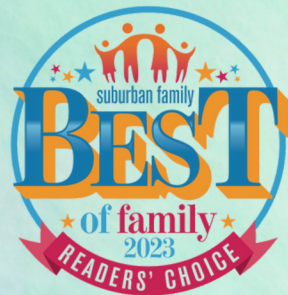
Saturday, November 2 • 10am-1pm

2024 Event Guide

Event Location













Appel Farm Arts & Music Center
457 Shirley Rd.
Elmer, NJ 08318

Appel Farm Arts & Music Center is located in picturesque Salem County, NJ with easy access to Routes 77, 40 & 55. Only 35 minutes from Philadelphia, 30 minutes from Wilmington, DE, 90 minutes from Princeton, AC & Cape May, 2 hours from Baltimore & NYC.



Appel Farm Arts & Music Center

Site Key











-  Kids Art
-  Adult Art
-  Welcome Tent
-  Health Vendors
-  Food Vendors
-  Race Start
-  Post-Race Yoga
-  Bluestone Stage
-  Restrooms 
-  Public Parking 

Event Map



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Festival Schedule

- 9:00 a.m.  Race Registration Opens
- 9:45 a.m.  Pre-race Warm-up
- 10:00 a.m.  Art Making for Kids  & Adults 
 Health Vendors
-  5k Race & 1 Mile Walk Begins
- 10:30 a.m.  Dave Cudrak at Bluestone Stage
- 10:45 a.m.  Yoga with Honora
- 11:15 a.m.  Door Prize Announcements



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Health Vendors

Acenda Health

Center for Family Services

Creative Collaboratory Charter School

Community Foodbank of Southern New Jersey

Eagle Nutritional

Food Bank of South Jersey

Jefferson Health

Kaleidoscope

Meals on Wheels, Salem County

Salem County Health and Human Services

Southern New Jersey Perinatal Cooperative

The Southwest Council

Transform Health and Wellness



Appel Farm Arts & Music Center

Live Music

Dave Cudrak

10:30am-12:30pm



Food Vendors

Angie's Vietnamese Cuisine

Noodle Wagon, LLC

Traveler Coffee Company



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Parking & Accessibility

- **Free Attendee Parking is available in our grass field. Our parking lot attendants will guide you to an available spot.**
- **There are paved paths to every area of the festival! Those walking may be traveling on paved, gravel or grass paths.**
- **Accessible Parking is available in our main paved lot. If needed please let parking attendant know when you arrive.**
- **If additional assistance is needed for your party, please see a staff member, or someone at the Welcome Tent**



Race Info

- **Pre-registration is needed in order to participate in the 5k race or 1 mile walk**
- **Registration is open online until the start of the race**
- **On-site registration is possible with credit card only. Please arrive between 9am-9:30am if you need to register in person.**
- **ALL RUNNERS/WALKERS need to check in at the Welcome Tent to receive bib and race info between 9am-9:45am**
- **A pre-race warmup is being led by Appel Farm's Craig Getting at 9:45am**



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Other Things to Know

How much does this cost?

This is a FREE community event. Race participants need to pre-register with a fee. Fees support arts in South Jersey and help bring more events like this to our area.

Can I bring my dog with me?

Friendly dogs on leashes are permitted. Please clean up after your dog. Nobody likes to step in doo doo. Please be aware that there will be live music, and lots of families and children.

Where do I go when I get there?

There is a walk from the parking lot to get to the festival area. Our campus is quite large and spread out, but the festival area is concentrated to the one side of our campus near the pavilion. Visit the Welcome Tent on your way in for a map, and to enter our door prize drawing!

How can I support Appel Farm?

If you are able, please consider making a donation at the Welcome Tent, or purchase one of our fun merch items to support us! Visit appelfarm.org/donate to make a donation online.



Door Prize Drawing

**Thank you to all the local businesses who
donated great gifts for our door prize drawing!**

Tougher Than the Rest Farms

Eagle Nutritional

The Cake Boutique

Words Matter Bookstore

Al's Canoe and Kayak

Chloe's Creme Puffs

Harvey's Honey

Visit the Welcome Tent to enter for your chance to win.



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FESTIVAL SPONSORS



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