

Teen Arts 2026 Workshop Descriptions

Body Shapes: An Introduction to Acrobatics and Partnering

with Jillian Roche

Inspired by the work of dance-theatre company Pilobolus, this workshop will test the “limits of human physicality and the beauty and power of connected bodies” through combining movement from post-modern dance and acrobatics.

Character Creation

with Bill Benfer

In this workshop, we will go over how to create a believable and dynamic character for animation, comics, short story, or video game.

Dance Improvisation and Mindful Moving

with Jennifer Gordon

Practice your dance improvisational skills and how to keep mindful while on the dance floor. Learn what it takes to dance with no plans, just vibes

Drawing Charcoal Still Lives

with Loren Dann

In this workshop, you’ll learn charcoal drawing techniques by creating still-life compositions, developing your skills in shading, observation, and using light and shadow to bring your artwork to life.

How to Start a Band and Get Into the Indie Music Scene

with Cameron Davidson

Starting a band or launching a music project can feel daunting, and there are few clear guides on how to do it. In this workshop, participants will learn how to find bandmates or musical collaborators, what to look for (and watch out for), how to record a demo, secure gigs, and start building an audience for their music.

How to Start Selling Your Artwork

with Gianna Herrmann

Interested in selling your artwork online or at conventions? Artist Gianna Herrmann shares what it takes to start your own art business, including brand design, table set up, and more while you get started with your own business ideas.

Intro to Theatre Jazz

with Jennifer Gordon

Learn what makes theatre jazz unique from other dance forms and practice some moves!

Make Your Own Junk Journals

with Liv Smith

Explore creativity and storytelling by designing a personalized junk journal using found and unconventional materials.

Make Your Own Prop Cake

with Melody Marshall

Learn how to make and decorate your own mini cakes- not for eating, but as a prop for stage and photography.

The Power of a Name: Connecting Art and Audience

with Loren Dann

In this workshop, you'll create a freeform drawing and explore how naming your artwork can shape its meaning and deepen its impact on viewers.

The Technology of Music Making

with Phil Verespy

This workshop will introduce the tools and methods for creating, sharing, and marketing music independently. Learn practical techniques for recording, distributing, and promoting your work so you can confidently bring your music to a wider audience on your own terms.

Thinking Like an Actor

with AJ Klein

What is an actor—and what exactly is their job? When we're given scripts or songs, how do we transform them into theatre? This workshop explores key ideas from Stanislavski's system and Viewpoints through practical scene work. Come ready to play, discuss, and most importantly, think!